

Job Mentality to Entrepreneur Mentality - 7 Tips - The Secret to Create a New You

By [Debra Maute](#)

Life out of Balance?
Married to your JOB?
Downsized? (oops to be politically correct - rightsized)
Rocky Relationships?
Wonder if this is the life you were meant to live?
Want more out of life?

Well if you answered yes to any of these, read on to see the 7 Tips to begin creating Your new and magnificent life!

First take a media Fast - starting right now... turn off the news, cancel the newspaper, stay off the news feeds, turn the radio off ... do this for 30 days.

Second take a 10 minutes walk find a quiet place and be alone with Your thoughts for at least 10 minutes every day. (A Date with your Soul!)

Third remove the words No, Not, Don't completely from your vocabulary starting right now. (We'll get into the Law of Attraction in a follow up article.)

Fourth 5 to 10 times per day take a 30 second deep breathing break. In through the nose out through the mouth gently.

Fifth read a great transformational, motivational, inspirational, book every month or better yet every week (and actually put some of the suggestions into practice).

Sixth for 30 days stay away from negative people (that includes negative friends, family, and co-workers)... some are unavoidable but do your best to limit Your time with negative people.

Seventh start your bucket list (you know a list of all the things you want to do before you kick the bucket!). If you have a facebook account you can add the bucket list right there.

Congratulations you are on your way to a New You!

Now one last question... Seriously look at your current Job (or even the job you may have just lost) and ask yourself "Would I do this Job without pay?"

If you answered "yes" - WOW you are among the very few! If you answered "are you serious!" then the real question is "Why are you in that Job?" (and if your answer is to pay the bills that's just an excuse... there is a better way! Stay tuned!

Debra Maute is a successful Entrepreneur , Peak Performer, who mentors with a servant heart and assists others to achieve their dreams and live purpose driven lives. As an Entrepreneur dedicated to personal growth and financial freedom and a former executive who traveled abroad she understands the human spirit, common

bond and connectedness of the mind, body and spirit. Visit her at <http://www.MyLifeOnMyTerms.com> call 610.469.6152 (USA)

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